Hello. This is BBC News with Annita McVeigh. The headlines... Energy giant Npower is ordered to pay out a record #26 million after failing its customers over bills and complaints. More than half a million customers were wrongly billed between 2013 and 2014. when things went wrong and were not sufficient back-ups, or staff available. David Cameron says progress has been made in his bid to secure a deal to renegotiate its relationship with the European Union. But he admitted it would be tough to reach agreement at the next meeting in February. a better deal for Britain but there is still a lot of hard work to be done. Sports Direct is to review all agency worker terms and conditions after the firm was criticised for its employment practices including the use of zero hours contracts. MPs have said the company is run in a culture of fear.

**12/18/2015 12:31:57**

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The leader of Ukip, Nigel Farage, has insisted that the party is "very united", despite a call for him to stand down. Ukip's only MP, Douglas Carswell, said the party needed a leader who radiated sunshine and optimism. The Vatican has confirmed that Mother Teresa, who died in 1997, is to be made a saint. It said Pope Francis had cleared the way for her canonisation by recognising a second miracle attributed to her. Prince George is to start a Montessori nursery in Norfolk next month. The nursery says it's looking forward to welcoming him and he'll get the same special experience as all of its children. A new family photo has been released to coincide with the announcement. 2000 cases of serious birth defects, including spina bifida, could've been avoided if the government had

**12/18/2015 12:33:00**

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followed advice add full of acid to flower. Countries like the United States follow the pack this and many experts believe the UK should follow suit. Here is Dominic Hughes. Spina bifida occurs when a baby is still in the womb, and is known as a neural tube defect which can affect the brain. Very often these cases lead to termination, stillbirth, the death of the newborn baby or serious disability. Some protection can come from folic acid, naturally present in some foods, cereals and wholemeal bread. But it is hard to consume enough from purely natural sources, so the Department of Health has been advising pregnant women to take folic acid supplement since 1992. New research suggests as many as 28% of women ignore the advice and don't take folic acid while pregnant. In 1998 the authorities in the US started adding folic acid to flour for bread and since then have seen a dramatic fall in babies developing these defects. If the UK had adopted a similar policy, researchers say that since 1998 more than 2000 cases would have been avoided.

**12/18/2015 12:34:08**

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It is getting to women who are basically healthy before they are pregnant when we have around 50% of pregnancies in this country that are still unplanned. It was always a tall order that would need a massive sustained campaign over and over again. No government has really tackled that head-long. Successive governments have been advised to follow the US example and introduce folic acid to flour for bread, most recently in October. The Department of Health has said they are still considering the latest recommendations. The Chief Inspector of Prisons says the use of so-called 'legal highs' in jails is the biggest threat to safety and security in prisons. Mr Hardwick, who's about to leave his post, has raised the alarm over substances like Mamba and Spice which are chemically designed to mimic the affects of cannabis.

**12/18/2015 12:35:11**

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needs to be stopped. Drugs get into prison in a number of ways. If you have a big training prison with a large parameter, it comes over the wall, sometimes people use large catapults, sometimes it's used in tennis balls. In a local prison for prisoners are going in and out of court, we have had instances of prisoners get themselves recalled with legal highs in their body cavities which they can then sell for a large amounts of money and collect the money when they come out again. Sometimes the star involved, sometimes visitors. You can spray legal highs on paper for instance so you can send in a letter impregnated with that which you then roll and smoke as a cigarette, it's difficult